

# Portraits in Soft Pastel By Sue Kerrigan-Harris

## Materials Guide



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ARTIST

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# Course Contents

**Welcome to the Portrait Course Online with Sue Kerrigan-Harris. I'm delighted to have you on board!**

**You'll receive the following PDF files with all the materials and video tutorials links:**

0 Materials List and Course Contents  
1 Introduction - START HERE  
2 Introduction To Eyes  
3 Eye Tutorials  
4 Eye Practice  
5 Introduction To Skin And Facial Features  
6 Face Tutorial  
7 Facial Features Practice  
8 Introduction To Hair  
9 Hair Tutorials  
10 BONUS Introduction To Clothes  
11 BONUS Clothes Tutorials  
BONUS How To Make Skin Tones with 6 Different Pastel Brands  
Lara Portrait Resources & Video Tutorial  
Monochrome Girl Portrait Resources & Video Tutorial  
Young Girl Portrait Tutorial  
Asian Girl Skin Tutorial  
Dark Skin Tutorial  
English Rose Skin Tutorial  
Beautiful Wrinkles Skin Tutorial  
List of Useful Video Tutorials

**Here's a breakdown of what's included:**

## **Material List (this document)**

Here you will find a list of Materials you'll need. The materials list has been created with beginners in mind who have no supplies at all and I've marked supplies as essential and non-essential so if you are a beginner or young student you only need to buy the essential items. If you have pastel supplies already, you may well have all the items to hand or substitute with different brands.

## **Part 1 Introduction & Eyes**

- PDF Information Document Introduction START HERE. This will give you all the basic information about portraits and materials
- PDF Document Introduction To Eyes
- VIDEO Introduction To Eyes
- PDF Resources 2 Eye VIDEO Tutorials
- PDF Resources for additional Eye Practice

## **Part 2 Skin & Facial Features:**

- PDF Information Document Introduction To Skin & Facial Features:
- Introduction Video
- 2 basic skin tone tutorials
- BONUS Teeth Video only
- BONUS Man's Ear Video only
- BONUS Child's Ears Video only
- BONUS VIDEO Oliver's Face on Velour
- BONUS Man's Glasses Video only
- BONUS Baby Skin Video only

# Course Contents Continued

## Part 2 Skin & Facial Features Continued:

- PDF Resources with Face Video Tutorial
- PDF with 4 VIDEOS How To Make Skin Tones with 6 Different Pastel Brands
- Dark Skin Tone PDF Resources and Video Tutorial
- Asian Girl Skin Tone PDF Resources and Video Tutorial
- English Rose Skin Tone PDF Resources and Video Tutorial
- Beautiful Wrinkles & Orange Skin Tone PDF Resources and Video Tutorial
- PDF Resources Faces Additional Practice

## Part 3 Hair:

- PDF Information Document Introduction to Hair
- Hair PDF Resources & Video Tutorials:
  - Straight Hair Tutorial
  - Curly Hair Tutorial
  - Afro Hair Tutorial
  - Ringlets Hair Tutorial
  - Long Curls Hair Tutorial
  - Bald Hair Tutorial
  - Baby Hair Tutorial
  - Thick Long Hair Tutorial
  - BONUS Beard Tutorial
  - BONUS Tutorial Short Brown Hair
  - BONUS Baby Hair Video only
  - BONUS Thinning Hair Video only
  - BONUS Short Hair Video only
  - BONUS VIDEO Oliver's Hair on Velour video only

## BONUS Part 4: Clothes

- Introduction to clothes
- PDF Resources Clothes Tutorials:
  - Checked Shirt
  - Wool Cardigan
  - BONUS White T-Shirt and Dungarees Video only
  - BONUS VIDEO Oliver's clothes on Velour Video only

## Additional VIDEO Tutorials with PDF Resources & Video Tutorial

Monochrome Girl Portrait Tutorial  
Young Girl Portrait Tutorial  
Asian Girl Skin Tutorial  
Dark Skin Tutorial  
English Rose Skin Tutorial  
Beautiful Wrinkles Skin Tutorial  
List of Useful Video Tutorials

## BONUS Video

Portrait of Lara – the complete painting in real-time. Includes PDF Resources. Not narrated

# Pastel Sticks for Portraits

You will need a set of pastel sticks (essential) Here are some options. You can use any pastels for portraits. I do use some specific skin coloured pastels (the Unison Portrait Set) but I also use any colours that work.



**\*\*IF YOU ALREADY HAVE OTHER PASTEL BRANDS THEN PLEASE USE THOSE FIRST\*\***

My preferred pastel brand is Unison Colour. They are wonderful - highly pigmented lightfast professional soft pastels. They offer a number of portrait sets: <https://www.unisoncolour.com/category/pastels/classic-sets/portrait/> These are also available on [www.jacksonsart.com](http://www.jacksonsart.com) or [www.jacksonsart.co.uk](http://www.jacksonsart.co.uk)



All the 'P' Portrait Pastels from Unison. If you have soft pastels already then this set could be for you.



Rembrandt pastels are a mid-range pastel and they have a portrait set. They are softer than the Jaxell's. Here's a link to a UK store. <https://www.artsupplies.co.uk/item-rembrandt-soft-pastels----basic-portrait-set.htm>

And here's a link to a US store: <https://www.dickblick.com/products/rembrandt-soft-pastels/>



If you don't have any pastels, I'd recommend a student set like these to start you off. 72 colours and a good range of skin colours: <https://www.greatart.co.uk/jaxell-soft-pastels-half-pastel-sets.html>

# Pastel Pencils for Portraits

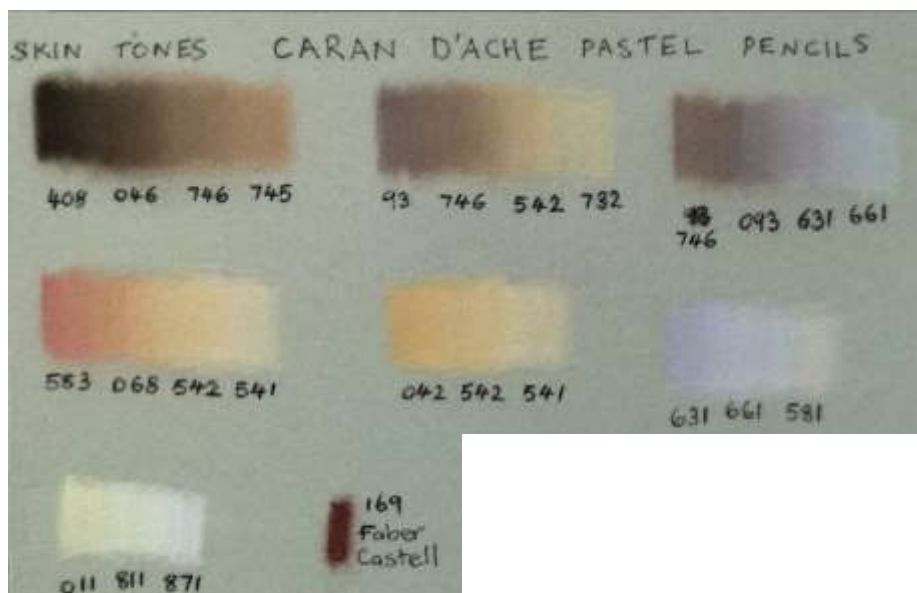
Pastel pencils (essential). I have found that the brands that lean more towards portraits are Faber Castell and Caran D'Ache. I've compiled this list as an idea to what you would need for portraits but as all skin varies this is by no means an exhaustive list and not prescriptive.

White 101 (Faber Castell)  
Cream 103 (Faber Castell)  
Warm Grey IV 273 (Faber Castell)  
Cobalt Blue 143, Dark Indigo 157 (Faber Castell)  
Venetian 190, Indian Red 192, (Faber Castell)  
Caput Mortum 169 (Faber Castell)  
Burnt Ochre 187, Brown Ochre 182, Burnt Sienna 283 (Faber Castell)  
Walnut Brown 177 or 176, Raw Umber 180, Dark Sepia 175 (Faber Castell)  
Chromium Green Opaque 174 (Faber Castell)  
Pink Carmine 127 (Faber Castell) or 335 (Carbothello)  
Medium Flesh 131, Light Flesh 132, Cinnamon 189 (Faber Castell)  
Dark Chrome Yellow 109 (Faber Castell) OR Indian Yellow 215 (Carbothello)  
Payne's Grey 770 (Carbothello) Deep violet colour!  
Caput Mortum Violet Light 642 (Carbothello)

Old Rose Dark 471 36 Creta Color and Violet Oxide P240 Derwent (not essential)

## Other Pastel Pencil Brands

As you grow your collection of pastel pencils you may want to invest in Caran D'ache pastel pencils which are very soft and have some excellent skin colours:



### Caran D'ache Skin Colours

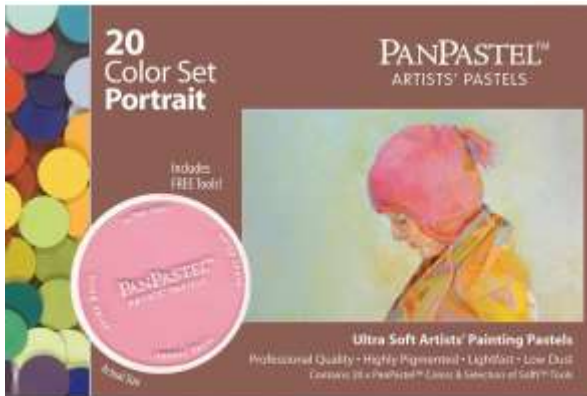
|     |     |
|-----|-----|
| 408 | 583 |
| 046 | 068 |
| 746 | 542 |
| 745 | 541 |
| 93  | 042 |
| 746 | 044 |
| 542 | 581 |
| 732 | 011 |
| 631 | 811 |
| 661 | 871 |

In the UK you can buy individual pastel pencils from [www.pullingers.com](http://www.pullingers.com) or [Dickblick.com](http://Dickblick.com) in the US

# Pan Pastels

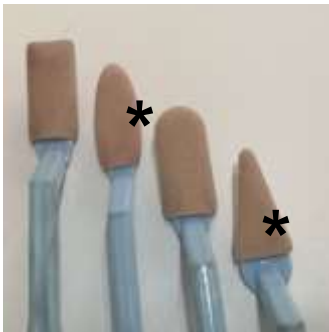
Pan Pastels (not essential) My method teaches you how to use the Pan Pastel Sofft tools with soft pastel sticks. So it is fine to use Pan Pastels with this course if you prefer.

Pan Pastel have a portrait set, here is the colour list:



|                                 |                               |                                 |                          |
|---------------------------------|-------------------------------|---------------------------------|--------------------------|
| 100.5<br>Titanium White         | 340.5<br>Permanent Red        | 520.3<br>Ultramarine Blue Shade | 780.5<br>Raw Umber       |
| 250.3<br>Diarylide Yellow Shade | 340.8<br>Permanent Red Tint   | 580.3<br>Turquoise Shade        | 780.3<br>Raw Umber Shade |
| 270.8<br>Yellow Ochre Tint      | 380.8<br>Red Iron Oxide Tint  | 660.3<br>Chrom. Ox. Green Shade | 780.8<br>Raw Umber Tint  |
| 280.8<br>Orange Tint            | 380.3<br>Red Iron Oxide Shade | 740.5<br>Burnt Sienna           | 820.5<br>Neutral Grey    |
| 740.8<br>Burnt Sienna Tint      | 470.8<br>Violet Tint          | 740.3<br>Burnt Sienna Shade     | 840.3<br>Paynes Grey     |

## Sofft Tools



Sofft Tools (essential) are like palette knives with sponges on the end. I find them really useful for portraits. The triangular shaped tool especially because of the pointy tip. Or the oval one.

## Pastel Paper

I recommend Pastelmat card made by Clairefontaine. You can buy 50x70cm single sheets of dark grey (which is actually mid grey) and cut them to size or half and quarter sheets. I recommend quarter sheet size (24cm x 32cm) for beginners. Other good colours are brown, pale blue, dark green and brown.

I don't recommend the pastelmat pads (same product just in a pad) because the colour combinations aren't always suitable for portraits. But some people just prefer pads, so the choice is yours.

Available from [Great Art UK](#)

Available from [Jackson's Art USA](#)

Other paper that is good to practice on and inexpensive is wet and dry paper 1000 or 1200 grit from the hardware store.

# Tools

- Tortillon Blenders (essential)
- Rubber Blender (not essential)
- Triangular Sofft Tool (essential)
- Crank handle sharpener OR knife and sand paper (essential)
- Sand paper (80 or 100 grit) to clean tortillon blenders and sharpening pencils (essential)
- Kneadable eraser (essential)

# Transfer Paper

If you're drawing skills need practice you can use transfer paper to transfer your image to the pastel paper. I use graphite paper as I have found this to be the best. Here are some options:

- Graphite Paper (my preference) from [www.myartscape.org](http://www.myartscape.org) or Amazon
- Tracedown from most art shops or Amazon
- Carbon Paper from Amazon. Cheaper than graphite but hard to rub out.

# Any Questions?

Email Sue Kerrigan-Harris: [sue@skhportraits.co.uk](mailto:sue@skhportraits.co.uk)